

Coronavirus disease (COVID-19)

Mandatory requirements for travellers who are subject to quarantine arriving by AIR

C-2

The Government of Canada has put in place emergency measures to slow the introduction and spread of COVID-19 and variants in Canada. You **MUST QUARANTINE for 14 days, provide accurate contact information and a quarantine plan, and monitor yourself for signs and symptoms** as required by the *Minimizing the Risk of Exposure to COVID-19 in Canada Order (Quarantine, Isolation and Other Obligations)*.

The Public Health Agency of Canada will be calling you to discuss your test results and/or to ensure you are complying with the quarantine measures. Please make sure the information you provide is accurate. Providing false information is an offense under the *Quarantine Act*.

You MUST

- › **QUARANTINE without delay for 14 days** starting on the day of your arrival as directed by a screening officer or quarantine officer.
 - If you have evidence of a positive COVID-19 molecular test that was taken 14 to 90 days prior to your arrival in Canada, go directly to your place of quarantine and remain there for the full 14-day quarantine period
- › **Under the authorization of a quarantine officer:**
 - **TAKE** two COVID-19 molecular tests in Canada
 - **TAKE** the first test on-arrival at the airport. Follow any specific directions provided by the quarantine officer
 - **GET** a COVID-19 test kit at the airport to take with you for use on Day 8
 - **TAKE** the second test on Day 8 of your quarantine period using the self-administered kit provided*
- › **GO directly from the airport to your pre-booked government-authorized accommodation (hotel).**
 - You can use your private vehicle if it is parked in the airport parking lot and is within walking distance, or a designated shuttle for government-authorized hotels
- › **REMAIN** in your hotel room until you receive your arrival test result.
- › **IF the on-arrival test result is NEGATIVE, CHECK-OUT of the hotel and GO DIRECTLY to your place of quarantine.**
 - If you need to take public transportation (e.g. aircraft, bus, train, subway, taxi or ride-sharing service), wear a mask at all times and sanitize your hands frequently
- › **IF your on-arrival test result is POSITIVE, INVALID or INDETERMINATE, await further instructions from a quarantine officer.**
- › **REPORT your arrival at your place of quarantine within 48 hours after you arrive at your government authorized hotel.**
 - If you used ArriveCAN to enter Canada, continue to use it to report your arrival
 - If you did not use ArriveCAN to enter Canada, or are unable to report through ArriveCAN for any reason, call 1-833-641-0343 to report arrival
 - You must also report your daily **COVID-19 symptom self-assessment** until the end of your quarantine or your first reporting of symptoms

Even if you receive a negative on-arrival test result, you MUST:

- › **REMAIN** in quarantine. Your quarantine will end after the 14th day **ONLY IF** you get a negative test result from your Day 8 test
 - **REMAIN in isolation if your DAY 8 test result is positive. You must isolate for additional 14 days from the day your DAY 8 test was taken if the DAY 8 test result is positive**
- › **RESPOND** to calls or visits from screening officers or law enforcement.
- › **KEEP** a copy of all your travel-related COVID-19 molecular test results. You may be asked to provide the information to the Government of Canada, the government of a province or territory or to the local public health authority during your quarantine period.

* Certain travellers who arrive at Calgary International Airport will be required to take the second COVID-19 molecular test at a pharmacy and will be given specific directions about the second test at the airport.

Public health measures to follow while in transit

- › **WEAR a well-constructed, well-fitting, non-medical mask** while in transit, unless you are alone in a private vehicle or travelling only with the same people you entered Canada with
 - › **PRACTICE physical distancing of 2m** whenever possible
 - › **SANITIZE** your hands often and **AVOID** touching surfaces
- If driving:
- › **REMAIN** in your vehicle as much as possible: pay at the pump for gas and use drive through if you stop for food
 - › **AVOID** stops and contact with others

Referrals to designated quarantine facilities

You must follow the directions of a quarantine officer and enter a quarantine facility or other suitable place if:

- › you do not take a test when required
- › you show signs or symptoms of COVID-19 while at the government-authorized hotel
- › you do not have a suitable quarantine plan
- › your on-arrival test is positive for COVID-19

You MUST have a suitable place to quarantine where you:

- › **CAN STAY for 14 days** or possibly longer
- › **WILL NOT HAVE contact with people who:**
 - are 65 years or older
 - have underlying medical conditions
 - have compromised immune systems
 - work or assist in a facility, home or workplace that includes at-risk populations, including:
 - Nurses, doctors, other healthcare professionals, personal support workers, social workers
- First responders, such as paramedics
- Cleaning and maintenance staff, receptionists and administrative staff, food services staff, volunteers, essential visitors to those living in long-term care facilities
- › **CAN AVOID** contact with others who did not travel with you
- › **CAN HAVE** a separate bedroom from others who did not travel with you
- › **HAVE ACCESS to the necessities of life**, including water, food, medication and heat without leaving quarantine



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You MUST have a suitable place to quarantine where you (cont.):

- › **WILL NOT STAY in a group living environment.**

Some examples of group living environments include:

- › a shelter, group home, group residence, hostels, industrial camps, construction trailers or other group setting
- › a student residence (unless you've received prior authorization)

- › a small apartment you share with others
- › a shared household with a large family or families or many people
- › shared living spaces with housemates who haven't travelled with you that you cannot avoid interacting with

While in quarantine

- › **RESPOND** to calls or visits from screening officers or law enforcement. The call will be from GOV-GOUV CANADA or 1-888-336-7735 on your call display. Screening officers and law enforcement will identify themselves, must show their identification, and will ask for you by name.
- › **DO NOT** leave your place of quarantine unless it is for a life threatening emergency, an essential medical service or treatment, to obtain a COVID-19 molecular test, or it is pre-authorized by a quarantine officer.

- › **USE ONLY** private outdoor spaces (i.e. balcony).
- › **UNDERGO** any health assessments that the quarantine officer requires.
- › **DO NOT** have any visits from family, friends, or other guests; inside or outside. Food, groceries, or other necessities, should be left at your door for contactless delivery.
- › **DO NOT** use shared spaces such as lobbies, courtyards, restaurants, gyms or pools if you are staying in a condo, apartment building, or hotel.

You MUST monitor your health for 14 days

The following symptoms are associated with COVID-19:

- › new or worsening cough
- › shortness of breath/difficulty breathing
- › feeling feverish, chills, or temperature equal to or over 38°C
- › skin changes or rashes (in children)
- › muscle or body aches, fatigue, weakness, or feeling very unwell
- › new loss of smell or taste
- › headache
- › gastrointestinal symptoms like abdominal pain, diarrhea, or vomiting

- › If you start having symptoms of COVID-19, OR you receive a positive COVID-19 molecular test, you **MUST**:
 - › Isolate yourself from others immediately for a period of 14 days that begins the day you have a COVID-19 test or developed symptoms.
 - › follow the COVID-19 instructions of the local public health authority (see below).

Your compliance with these requirements is subject to verification and enforcement

You will be called from 1-888-336-7735 and may be visited by a screening officer or law enforcement to verify your compliance during your 14-day quarantine. You will also receive automated calls and email reminders of your obligations.

Those in violation may be transferred to a quarantine facility, face fines, and/or imprisonment.

- › Note that you may also be contacted by provincial or territorial authorities throughout the 14-day period.
- › If federal and provincial or territorial guidelines differ, you must follow the strictest requirements.

Public health authorities

Provinces and territories	Telephone number	Website
British Columbia	811	www.bccdc.ca/covid19
Alberta	811	www.myhealth.alberta.ca
Saskatchewan	811	www.saskhealthauthority.ca
Manitoba	1-866-626-4862	https://manitoba.ca/covid19/restartmb/prs/orders/index.html#current www.youtube.com/user/ManitobaGovernment
Ontario	1-866-797-0000	www.ontario.ca/coronavirus
Quebec	1-877-644-4545	www.quebec.ca/en/coronavirus
New Brunswick	811	www.gnb.ca/publichealth
Nova Scotia	811	www.novascotia.ca/coronavirus
Prince Edward Island	811	www.princeedwardisland.ca/covid19
Newfoundland and Labrador	811 or 1-888-709-2929	www.gov.nl.ca/covid-19
Nunavut	1-867-975-5772	www.gov.nu.ca/health
Northwest Territories	811	www.gov.nt.ca/covid-19
Yukon	811	www.yukon.ca/covid-19